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Blessed in Ink Aftercare Procedure

1. ****Wash Hands:**** Remember to wash hands before caring for or touching your tattoo.
2. ****Remove Bandage After 24 Hours:**** Run warm water on the bandage as you remove it for easier removal.
3. ****Cleanse with Antibacterial Soap:**** Wash the tattoo with fragrance-free antibacterial soap.
4. ****Rinse Thoroughly:**** Rinse with warm water, then cold water to aid in ink retention. *Do this every time you apply new ointment.
5. ****Pat Dry:**** Gently pat the tattoo dry with a soft paper towel; avoid rubbing.
6. ****Apply Ointment:**** When dry, use a minimal amount of ointment (Hustle Butter or Tattoo ointment) twice a day for the first 3 to 4 days. After peeling ends (around 4 to 5 days), switch to an unscented lotion such as Lubriderm.
7. ****Moderate Moisturizing:**** Apply a thin layer of ointment; excessive moisturizing can hinder healing.
8. ****Consider Non-Petroleum-Based Ointments:**** Some preferred alternatives: Tattoo Goo (sold at King Soopers)
9. ****Avoid Tight Clothing:**** Wear loose, breathable clothing to minimize friction.
10. ****Hydrate and Eat Well:**** Support the healing process with proper hydration and a healthy diet.
11. ****Lotion Options:**** unscented lotions **ONLY** after initial healing phase, such as Lubriderm.
12. ****Mild Exercise is Okay:**** light exercise is encouraged; avoid activities causing excessive sweating or friction.
13. ****Sun Protection:**** Protect your tattoo from direct sunlight, even after it's healed.
14. ****No Long Showers:**** Stick to short showers until completely healed (approximately 2-3 weeks).
15. ****Be Mindful of Sleeping:**** During the first days, expect ink, blood, or lymph seepage, as it may stain fabrics.
16. ****Bruising and Redness:**** Be aware that bruising or redness may occur during the healing process.
17. ****No Picking or Scratching:**** Allow loose skin and scabs to come off naturally in the shower or during ointment application.
18. ****Avoid Soaking:**** Do not soak your tattoo in pools, oceans, baths, hot tubs, etc.

****Note:**** If you have any questions or concerns during the healing process, please contact us.